

P.O. BOX 357  
CRONULLA NSW. 2230

JANUARY 89

### LAST MONTHS ACTIVITIES

New Years Eve Party at Les and Elly Catersons place was a great night everybody thinks - nobody can really remember. Thanks Les and Elly.

### Dolans Bay

Unfortunately there were only two <sup>boats</sup> available, so Al Barning ran a taxi service to Jibbon Beach and the dive. There was good vis at Barons Hut - about 60ft, and there was a barby afterwards.

### NEXT

Ulladulla - Sat & Sun 28/29th January.

We will be camping at the "Ulladulla Caravan Park" (PH. 044 522 457) on Friday and Saturday nights. Please Note it is the responsibility of each club member to pay his own camping fees.

Directions: Take the first street (South St.) on the left after passing the "Marlin" Hotel at Ulladulla. The gates to the camping area will be closed at 10.30PM.

Cost: \$45.00 for four dives.

Tanks can be filled between dives at the Ulladulla Dive Shop.

For Bookings, ring Geoff Sanders on 526 - 2424 (H) or 211 - 2499 (W)

First dive will be at 8.00AM from the warf at Ulladulla Harbour.

Norah Head - Sat & Sun 11/12th February.

We will be camping at the "North Head Caravan Park" (PH 043 963 935) on Friday and Saturday nights. Please Note it is the responsibility of each club member to pay his own camping fees.

Directions: Turn off the northern freeway at the "Toukley" exit (Sparks Road) and proceed through Toukley to Norah Head. The camping area is in "Victoria" Street. The first dive is at 8.00AM from the "Cabbage Tree Harbour" Boat Ramp.

Cost: \$45.00 for three dives.

Tanks can be filled between dives.

For bookings, ring Geoff Sanders.

The charter boat that we will be using belongs to the Norah Head Dive Shop (PH 043 963 652 - Brian English.)

### COMING UP

#### 16th ANNIVERSARY DINNER - Wednesday, 15th February.

Our February meeting will be the 16th Anniversary of the founding of our club. To celebrate this occasion, we will be having a dinner in the dining room of the sailing club. A chance for all to show their faces. The dinner will consist of your selection of the following: Roast Turkey; Lamb; Beef; Pork; Ham with vegetables and/or salad. Also included is soup; Bread Rolls; Sweets; Coffee or Tea as well as wine with the meal. Cost will be \$10.00 per person and the dress is casual.

Please ring Geoff Sanders if you wish to attend. (Visitors welcome)

Please Note: Our February club meeting will commence at 7.00PM Sharp in the dining room.

#### Montague Island - Sat & Sun 25/26th February.

The cost of \$60.00 covers two nights accommodation at Malua Bay and two dives at Montague Island on the Sunday. Local dives will be organised for the Saturday. Bookings will commence at the February Club Meeting and afterwards by ringing Geoff Sanders.

#### Night Wreck Dive (Valiant) Sat 4th March.

Cost: \$20.00

Bookings will commence at the February Club Meeting and afterwards by ringing Geoff Sanders.

#### Little Bay - Sunday 12th March.

Shore dive with picnic lunch. - Details next meeting and newsletter.

### GENERAL NEWS

#### Shellharbour and Jamberoo - 24th / 25th and 26th February 1989.

A practical marine biology course, Organised by Barren Grounds Bird Observatory (042) 360 195 is being held for the above three days. Anyone interested call the above number for details and ask for Mick or Jackie. A good time is guaranteed.

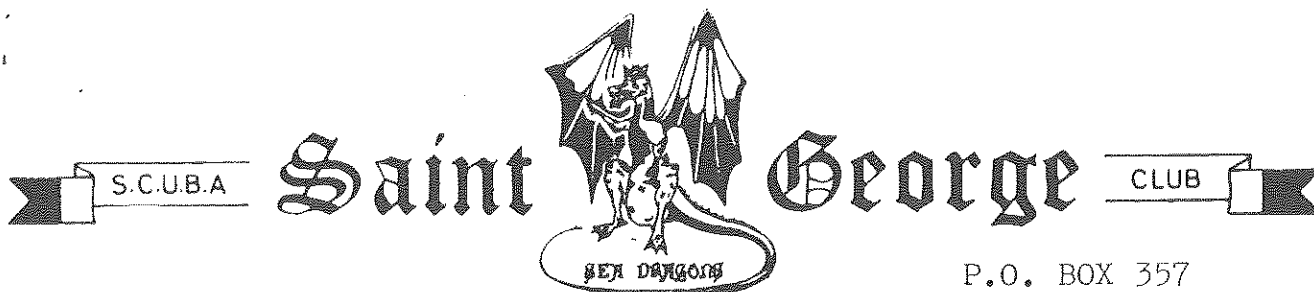
#### Saturday 4th February - Snorkel In at Kogarah

A humdinger of a party to celebrate the new ownership. Free drinks until it runs out. Munchies supplied, and it starts about 6.00PM.

P.S. The compressor and operators have been recharged and air fills are now super duper.

The next meeting will be the Anniversary dinner at Georges River Sailing Club on Wednesday 15th February 89 at 7.00PM sharp in the dining room.

Meeting - (Before food).



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## FEBRUARY NEWSLETTER 89

### WHERE WE WENT

#### ULLADULLA

We had a few on the surface problems, but under the water was terrific. The Barbeque on Saturday night showed lots of talent in telling jokes.

#### NORAH HEAD

This was a new location for the club and the diving was excellent, with heaps of fish, and the operators were first class. A must next time its on.

### WHAT'S ON

#### MONTAGUE ISLAND - Sat. & Sun. 25th/26th February

The Cost of \$60-00 covers two nights accommodation at Malua Bay and two dives at Montague Island on the Sunday. Local dives will be organised on Saturday. The accommodation is available for Friday and Saturday nights.

Extra tanks can be hired for the second dive on Sunday at Montague Island.

What to bring along: Sleeping bags, food, pillows, U/W torches.

Directions: After crossing the "Clyde" River at Batemans Bay, proceed along the by-pass road for 500m, turn left at the Malua Bay sign (Beach Road). Travel along this road for approx. 12.5km and turn left at the Shell Garage into Kuppa Avenue. The accommodation is called "Malua Bay Inn" (Phone 044-711659) and is located at 4 Kuppa Ave, Malua Bay.

On Saturday we will be diving with Charlie Bird from Malua Bay Dive (Phone 044 711858). For bookings or further information, ring Geoff Sanders on 526-2424(H) or 211-2499(W).

#### NIGHT WRECK DIVE - Saturday 4th March

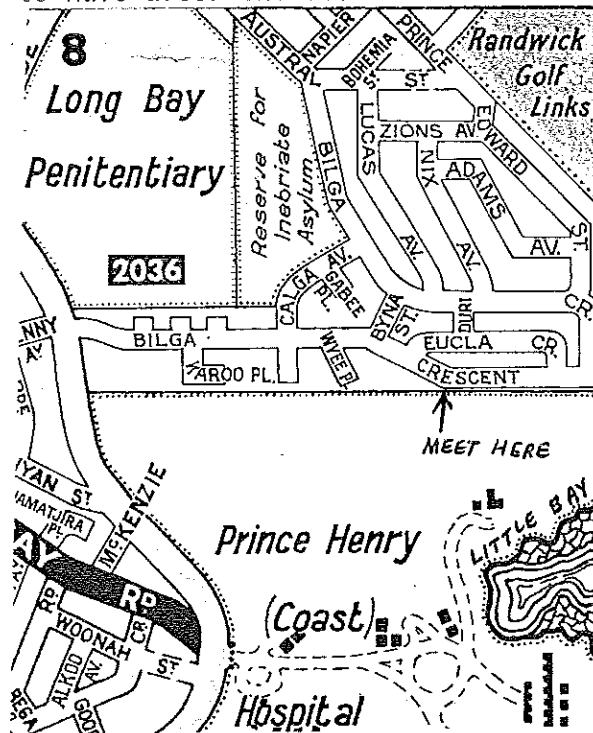
We will be diving on the wreck of the "Valliant", which lies in approx. 26m of water, off Barranjoey Head.

For those that want to have a BBQ before the dive, there are BBQ facilities near the Dive Shop.

Meet at 7.30pm at the Dive Shop in Governor Phillip Park, Palm Beach. Don't forget to check your U/W torches before setting out for the dive. For bookings, ring Geoff Sanders.

LITTLE BAY - Sunday 12th March

Meet at the position indicated on the map (Bilga Crescent, Little Bay) at 9.00am. Bring a picnic lunch to have after the dive. This is an excellent and safe place for swimming.



COMING UP

CURRARONG - Friday 24th - Monday 27th March (Easter)

Cost: Four (4) morning dives \$60-00 (Afternoon dives extra)

Bookings will commence at the March Club Meeting and afterwards by ringing Geoff Sanders.

BROUGHTON ISLAND - Sunday 9th April

Cost: \$25-00 for two (2) dives.

Bookings will commence at the March Club Meeting and afterwards by ringing Geoff Sanders.

SOCIAL ACTIVITY - Saturday 15th April

Rock and Roll Night - 7.00pm  
at St. George Rowing Club  
Cahill Park, Arncliffe  
(Next to Airport Hilton)

For \$20-00 per person you will have a smorgasbord dinner with sweets and coffee and a DJ playing Rock and Roll records.

Alcohol Extra.

Dress up in your best (or worst) 50's gear.

GENERAL NEWS

BUSH WALKING/DIVE WEEKEND IN WOLLONGONG

Members of the club are invited to come along for a weekend of diving and bushwalking in and around Wollongong 22nd & 23rd April 1989 (Sat. & Sun.).

Accommodation for Saturday night is provided at Jenni Martin's house. Please bring your own pillow, air bed and sleeping bag, and meet at her house between 10am and 11am Saturday. The plan is to book a boat dive, (please bring your C Card), for Saturday and bushwalk on Sunday. Previous weekends have been most enjoyable so if you are interested please ring Jenni for more details on 042-714723.

AT SARAH DIMON'S PLACE - Saturday 11th April

7.00pm - 16 Wells Avenue, Tempe - 5593126(H)

There is a fancy dress party to end all decadent fancy parties. Bring your own grog and meat and RAGE the night away.

BUYING FILM

Anyone interested in buying some rolls of 35mm film at a good price can see Robin McConville at the next meeting.

THE ANNIVERSARY DINNER went well with 42 members enjoying the wine, food and company.

DAVE IRELAND

Is hosting a slide and film night on Wednesday 8th March. 5.15pm for nibbles (food) and 6.00 for presentation. It should last approx. 2 hours (even though Dave will be doing the commentary).

The film is a preview of his new film "Crocodile Man" - an underwater documentary of the Arnhem land salt water crocodiles from the Drysdale River. The slide show will be on the Queensland Potato Cod, the Maldives and Guadal Canal.

Bookings must be made in advance by calling Stephen Grow on 543-3335(W). Numbers are required by 24th February at the latest.

Cost: \$1-00 per person. Venue is the AINSE THEATRE - ANSTO Lucas Heights.

Drive in main entrance and its next to the canteen. If in doubt just ask the security guards.

The next meeting will be on Wednesday 15th March at 8.00pm at Georges River Sailing Club.

St George & Sutherland Shire Leader  
Tues Jan 10 1989

**REWARD OF UP TO \$500**

**DUE TO THE SEVERE ENVIRONMENTAL DAMAGE RESULTING FROM THE ILLEGAL TAKING OF ABALONE**

A reward of up to \$500 will be paid until further notice for information provided as below and leading to the conviction of persons illegally harvesting, selling or purchasing abalone. It is only legal for a person to take abalone of a minimum size of 115mm in length and a maximum of 10 abalone per person per day. Shucking (shelling of abalone) adjacent to ocean waters is illegal.

Information concerning suspect breaches of abalone regulations should be provided to the nearest Department of Agriculture Fishing Inspector.

Claims for payment of reward should be forwarded to:

The Secretary,  
NSW ABALONE DIVERS CO-OPERATIVE LIMITED  
P.O. Box 291 Ulladulla, NSW. 2539  
Telephone: (044) 55 3333

**CONFIDENTIALITY REGARDING CLAIMS WILL BE MAINTAINED**

FISHERIES OFFICE TELEPHONE NUMBERS:

Lake Illawarra	(042) 95 1809
Nowra	(044) 21 9981
Ulladulla	(044) 55 1725
Narooma	(044) 76 2072
Eden	(064) 96 1377
Batemans Bay	(044) 72 4032
Merimbula	(064) 95 2347

SYDNEY METROPOLITAN AREA  
Wollstonecraft (02) 438 5046  
438 3148 439 3411  
Sans Souci (02) 529 6021  
529 4293



MARCH 1989

GOOD DIVES WE HAD

Montague Island

Saturday morning and the Tunnel was dived. There was a gutter and a swim through into a cave. The drop off had lots to see on it and there were lots of fish and 30ft vis.

Sunday at the seals. The first dive was in the bubble cave. The dive with the seals was fairly quiet with only about 30 swimming around.

There was a visit to the circus that night.

Valiant Night Dive

There was better vis than normal through the day. It was 90ft! There weren't too many fish, and some thought it looked small, though a couple managed to get just a little tangled up around bits and pieces. Unfortunately the weather blew up and seasickness spoilt a beaut dive.

Dave Ireland Film Night

There were slides of sharks at Cronulla a few years ago, and a short promo film about the gruelling time he had making the film 'Crocodile Man'. It should be a good film to see when it's released at the end of the year.

Sarah's Party - Thanks for a good time.

The photos say it all. Who would have thought that the tough fellows in the club would make such stunning looking females. (Bit of a worry really to those that plan to go camping with them soon.)

Little Bay

It was dirty, cold and rough, so it was probably a good thing only two divers turned up. (Except for them waiting for others that didn't arrive).

WHATS NEXT

Currarong - Friday 24th to Monday 27th March (Easter)

Cost \$60.00 for four dives (afternoon dives extra)

1st group meet at 7.30am at Bosom Beach

2nd Group meet at 9.30am at Bosom Beach

We will have BBQ facilities within our campsite area, so bring a couple of meals suitable for barbecuing.

Camping will cost \$15.00 for four nights.

Tanks can be filled at the caravan park.

Directions: Turn off at the "Leprechaun" Hotel at Nowra and follow the Currarong signs to the caravan park (044 483 027).

We will be diving with Currarong Dive (044 483 244).

Our campsite is on a slight hill on the left after you enter the main gate.

The club will collect the camping fees. Definate barbeque Saturday and Sunday night. *Collect gate entry card from whoever is at the campsite, rather than calling at the office if you arrive late at night.*

For Bookings, ring Robin McConville on 529 3965 (H).

Broughton Island - Sunday 9th April

Cost: \$25.00 for two dives (two tanks will be required).

We will be leaving the Little Beach Marina at 8.30am and spending the full day at Broughton Island.

On Saturday will be camping at the 'Bardouraka Caravan Park' at Fingal Bay. (049 811 473) Please Note: It is the responsibility of each club member to pay his own camping fees.

On Saturday will be diving at Catherine Hill Bay (tank dive and snorkelling) meet at the Catherine Hill Bay turn - off at 10.00am. This turn - off is approximately 16km North of the Doyalson traffic lights along the Pacific Highway (not the freeway) and opposite the Cams Wharf turn - off.

Tanks can be filled at Swansea after the dive. Bring a picnic lunch, as there are no shops in the vicinity of the dive site.

We will be diving with "Scuba Shack" dive shop at Little Beach Marina (049 812 491) on Sunday.

For bookings, ring Geoff Sanders on 526 2424 (H) or 211 2499 (W).

Rock and Roll Night - Saturday 15th April.

7.00pm at St George Rowing Club

Cahill Park Arncliffe (next to Airport Hilton).

For \$20.00 per person you will have a smorgasboard dinner with sweets and coffee and a DJ playing rock and roll records. Alcohol Extra.

Dress up in your best (or worst) 50's gear.

BUT WE MUST KNOW HOW MANY ARE GOING. FRIENDS ARE WELCOME. *The more that come the more the fun.*  
Please call Robin McConville ASAP to book (H) 529 3965.

COMING UP

Bookings to be taken at the April club meeting for:

Terrigal - Saturday and Sunday 29/30th April

Cost: \$45.00 for three dives.

Port Hacking - Sunday 14th May

Cost: \$15.00 for one dive.

GENERAL NEWS

Ian Champion is looking for a flat mate to share a 3 bedroom unit at Dolls Point - just <sup>across</sup> from the beach. Its a new security building and the person will have their own bathroom. He needs someone by 31st April.

For further info call him (H) 529 4914 or (W) 662 9245.



Boat for sale

For \$2300 you can buy an 11ft Savage, non reflective painted aluminium boat. It comes with an 8hp outboard, run for about 30 hours, a Brooker trailer, oars, lights, a winch, 4 life jackets, an anchor, rope and dinghy launching wheels. Its only been used 15 times.

Call Judy Morris (W) 317 7054.

Regina's Film Night

She will be showing some of the films she has made over the past few years. Come along and bring some popcorn or some jaffas to roll along the carpet.

Next meeting will be at 8.00pm on Wednesday 19th April at Georges River Sailing Club.



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APRIL 89

#### CURRARONG

A fantastic weekend although a little wet and windy. One unfortunate incident was a nasty injury to Carol Scrimshaw's finger. The morning dives were excellent and were on the wreck of the Merimbula at about 30ft and the Wanderer at about 80ft. The Merimbula had a lot to see and was fairly intact. The Drum and Drumsticks and the bombe were also good dives. The nightlife at the campsite was pretty lively as some censorable photos will show.

#### BROUGHTON ISLAND

As is becoming common, this was cancelled due to bad weather.

#### ROCK AND ROLL NIGHT

Some top notch dancers showed their flair and others showed flair in the skirts. Congratulations to those who won prizes. (Good advice is not to put too much hope in a high value for insurance purposes). It was a beaut night and everyone thanks Carol for organising it all.

#### WHATS TO DO IN APRIL

##### TERRIGAL - Saturday and Sunday 29/30th April

We will be camping at the 'Sunny Corner Caravan Park' (PH. 043 842 211) on Friday and Saturday nights. The caravan park is located about 3km west of Terrigal Post Office on the corner of Terrigal Drive and Duffy's road. The dive shop is located in the sailing club building at "The Haven" and is run by Les and Fran Graham. (PH. 043 841 219).

Meet at the dive shop at 7.30am on Saturday morning for the first dive.

COST: \$50.00 for three dives.

For bookings or further information, ring Geoff Sanders on 526 2424 (H) or 211 2499 (W). PLEASE NOTE: It is the responsibility of each club member to pay his own camping fees.

##### PORT HACKING - Sunday 14th May

Meet at Dolan's bay Wharf at 10.00am. (Note change of meeting place and time) Afterwards ~~so~~ bring what you need to eat and drink.

*There will be a picnic lunch*  
For bookings, ring Geoff Sanders.

#### COMING UP

##### JERVIS BAY - Sat and Sun 27/28th May

Cost: \$50.00 for three dives.

Bookings will commence at the May club meeting and afterwards by ringing Geoff Sanders.

WRECK DIVE - Sun 18th June

We will be diving on the wreck of the "Royal Shepherd", which lies in approx. 30 metres of water off Sydney Heads.

Cost: \$15.00

Bookings will commence at the May club meeting and afterwards by ringing Geoff Sanders.

WOOL AWAY! WOOLSHED TRIP - Sat 24th June

This year we are trying a new place at Picton for our Bushdance and Dinner. It has a very good reputation, so come along and try something different.

Cost: \$32.00 (includes Coach trip, Dinner and Bushdance).

Bookings will commence at the May Club meeting. All monies MUST BE PAID BY THE JUNE CLUB MEETING.

GENERAL NEWS

Thanks to Regina for showing her films and the club wishes her all the best for the future as she moves north to live behind the Banana Curtain.

The next meeting will be at 8.00 on Wednesday 17th May at Georges River Sailing Club.



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## MAY 1989 - NEWSLETTER

### WHAT WE DID

#### Terrigal

Was what we didn't do. It was washed out AGAIN. We hate it, but we're getting used to it now.

#### Port Hacking

A miracle! NO RAIN. The seas were flat, that water warm, and the bottom vis about 30-35 ft. The dive was on the drop off on the East side of Osborne Shoals, and there were sponges and blue devil fish. A good day had by all.

### REMEMBER THESE

Jervis Bay - Saturday & Sunday 27-28 May

Campsite "A19" has been reserved for Friday and Saturday nights at Green patch.

Camping Fees: \$2.00 per person per night.

The boat will be leaving Green Patch Beach at 10.00am for the first dive on Saturday. On Sunday the boat will be leaving Green Patch Beach at 8.00pm. It would be advisable to take two tanks.

Cost: \$50.00 for three dives.

For Bookings or further information, ring Geoff Sanders on 526-2424 (H) or 211-2499 (W).

#### Wreck Dive - Sunday 18th June

We will be diving on the Wreck of the "Royal Shepherd" which lies in approximately 30 metres of water off Sydney Heads.

~~Meet at Rose Bay Wharf at 8.00pm~~  
Meet at Rose Bay Wharf at 8.00 am  
Cost: \$15.00

For Bookings, ring Geoff Sanders.

Wool Away! Woolshed Trip - Saturday 24th June

The Wool Away! Woolshed is at Razorback, Picton. It is an original woolshed that was dismantled in Central NSW and rebuilt on its current site at Razorback. The dinner will consist of: "Steer on the Spit", freshly made damper, home made soup, fresh baskets of vegetables, apple pie and cream, tea and coffee.

After dinner two bush bands will provide the music for the bush dance. Guaranteed another great night out. (Don't forget to wear comfortable shoes).

**Cost: \$32.00 - includes return coach fare, dinner and bush dance.**

The coach will be leaving the "Moores Tours" bus depot, 76 Whitfield Parade Hurstville Grove at 4.45pm Sharp.

The next pick-up point will be on the Kingsway (Southern Side) near the corner of Taren Point Road, Caringbah at 5.05pm. The last pick-up location will be at the BP Garage on the Princes Highway just before the Heathcote Road turn off at Heathcote at 5.30pm.

Members can leave their cars at 19 Flide Street, Caringbah if they wish. Members are welcome to stop overnight - just bring an air-bed and sleeping bag.

For Bookings or further information, ring Geoff Sanders.

**Note: All monies must be paid by the June Club Meeting.**

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COMING UP

Long Reef - Sunday 2nd July

**Cost: \$18.00 for one dive.**

Ulladulla - Saturday & Sunday 15-16 July

**Cost: \$45.00 for three dives.**

Bookings for the above two dives will commence at the June Club Meeting, and afterwards by ringing Geoff Sanders.



JUNE NEWSLETTER

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### WHAT WAS NEARLY RAINED OUT

#### JERVIS BAY

Vis was poor at the Docks and the rain was torrential in the afternoon. Most divers were wimps and missed out on the afternoon dive after retreating to the hot showers. The rain flooded tents and sleeping bags which had to be dried in Huskisson.

Sunday was better with a dive at the Lighthouse which was a reasonable dive in fairly good weather. 2 interpid souls got lost for a while during an afternoon bushwalk.

#### THE ROYAL SHEPHERD

Not only do divers go off the rails at times, this time it was the boat. It took a lot of muscle and brain power to get it off the ramp and into the water, but it was worth the effort. 50-60ft vis with morays, blue groper but not a lot of fish. The engine boiler, flywheel, prop and prop shaft were good to see.

### WHAT'S NEXT

#### LONG REEF - SUNDAY 2ND JULY

Meet at the Collaroy Basin Boat Ramp at the end of Anzac Avenue, Collaroy Beach at 9.00am, bring a picnic lunch if required.

Cost: \$18-00

For bookings, ring Geoff Sanders

#### ULLADULLA - SATURDAY & SUNDAY 15/16TH JULY

We will be camping at the "Ulladulla Caravan Park" (Ph. 044 522-457) on Friday and Saturday nights. Please Note it is the responsibility of each club member to pay his own camping fees.

Directions: Take the first street (South Street) on the left after passing the "Marlin" Hotel at Ulladulla. The gates to the camping area will be closed at 10.30pm.

Cost: \$45-00 for three dives.

Tanks can be filled between dives at the Ulladulla Dive Shop.

For Bookings, ring Geoff Sanders on 526-2424(H) or 211-2499(W).  
First dive will be at 8.00am from the wharf at Ulladulla Harbour.



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## JULY NEWSLETTER

### WHAT WE DID

#### WOOLAWAY WOOLSHED

The food was fantastic although the attendance was poor. The band was lively and there was not much space on the dance floor, when the polkas were on.

#### LONG REEF

About five true blue divers turned up to dive the Duncanfield at 80ft. The vis was about 20ft. There was a valve wheel on the engine block, a boiler with pipes and brass valves spread all over the place. Obviously a recently found wreck.

#### ULLADULLA

A disastrous weekend - accommodation was lousy, diving was rushed, very cold, a 4m swell, bad vis and then the weather came up. Sunday was written off (by the weather, not alcohol).

### NEXT ON THE AGENDA

#### PORT HACKING - Sunday 30th July

Meet at Dolan's Bay Wharf at 10.00 am (Note - new meeting place & time)  
Cost: \$15.00 - Picnic afterwards. Bring food and drinks.  
For bookings, ring Geoff Sanders on 526-2424(H) or 211-2499(W).

#### KURNELL (CAPE SOLANDER) - Sunday 13th August

Meet at the main gate at 9.30 am (Captain Cook's landing place historic site). BRING SOME MEAT FOR THE BBQ AFTER THE DIVE.

### INDIAN RESTAURANT

Saturday 19th August

KASHMIR INDIAN RESTAURANT

16 Princes Highway SYLVANIA 522 7372

A night out has been organised for the above restaurant. It's BYO and booked for 7.30 pm. Be there for a good night.

### COMING UP

NORAH HEAD - Sat and Sun 26-27th August. \$50.00 for 3 dives - bookings will be taken at the August meeting. There is a new wreck to see, and a BBQ can be organised. Bookings for the caravan park will be up to each member.

JERVIS BAY - Sat and Sun 16-17th September. Cost \$50.00 for 3 dives. Bookings for the above 2 dives will commence at the August club meeting and afterwards by ringing Geoff Sanders.

#### GENERAL NEWS - MEMBERSHIP RENEWALS

Membership fees are now due. The completed membership form MUST accompany the \$8.00 fee, and can be sent direct to Geoff Sanders at 19 Flide Street, CARINGBAH NSW 2229, or brought to the next club meeting.

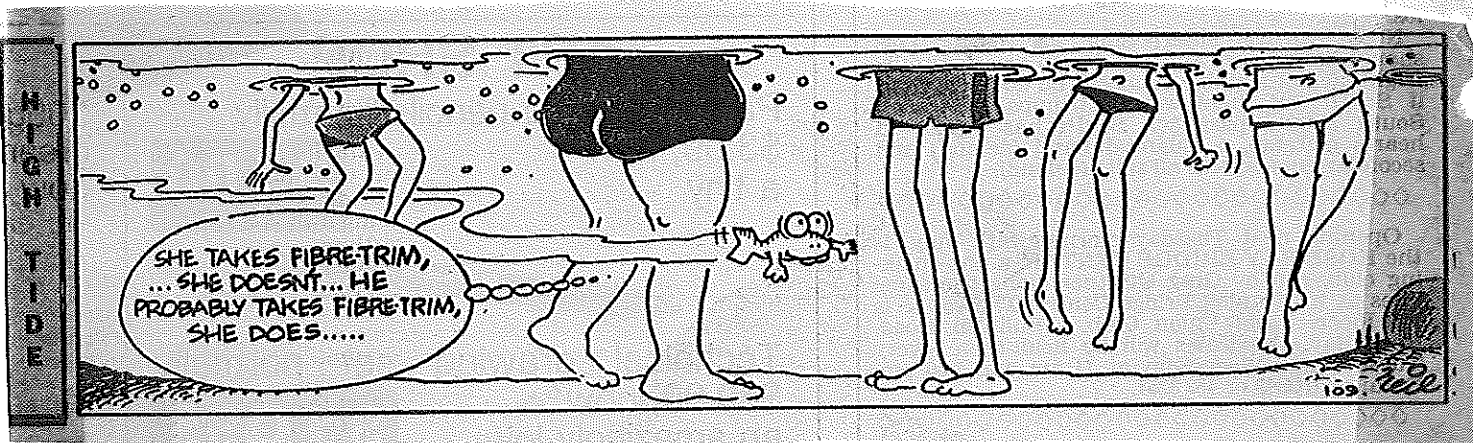
#### THANKS

To Tony Karasconyi for showing some fantastic slides. They are a credit to him.

#### COMMITTEE NEWS

Re-election time is in September and will be the time to show what you can do for your club by volunteering for the committee. Believe it or not writing and printing the newsletter is a rewarding experience, although you'll need access to a typewriter/typist and photocopier.

The next meeting will be held on Wednesday 16th August 1989 at 8.00 pm at George's River Sailing Club.





### COMING UP

#### PORT HACKING - SUNDAY 30TH JULY

Cost: \$15-00 for one dive (bookings commence at the July Club Meeting).

#### KURNELL - SUNDAY 13TH AUGUST

#### JAPANESE RESTAURANT - SATURDAY 19TH AUGUST

### GENERAL NEWS

#### MEMBERSHIP RENEWALS

Membership Fees are now due. The completed membership form together with the fee of \$8-00 can be sent direct to Geoff Sanders at 19 Flide Street, Caringbah 2229 or brought to the next Club Meeting.

#### FILM NIGHT AT JULY MEETING

Tony Karasconyi will be showing slides on the last club trip on the Esperance Star, at the Ribbon Reef, Cod Hole and Lizard Island.

The next meeting will be at Georges River Sailing Club at 8.00pm on Wednesday 19th July 1989.



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AUGUST 1989.

LAST MONTH.  
PORT HACKING.

- The sea was calm and the vis about 50ft for the dive at Osborne Shoals. There were heaps of fish - bullseyes and morwongs. One school of yellowtail completely surrounded a couple of divers. Afterwards there was a cheese and biscuit picnic on Jibbon Beach.

CAPE SOLANDER.

Not a brilliant day for any activity. Only one member turned up and he soon left for somewhere warmer.

FUTURE ACTIVITIES.

Norah Head. Saturday and Sunday 26/27th August.

We will be camping at the "North Head Caravan Park" (Ph. 043 963 935) on Friday and Saturday nights. Please Note  
~~It is the responsibility of each club member to pay his own~~  
camping fees.

Directions: Turn off the Northern Freeway at the "Toukley" exit (Sparks road) and proceed through Toukley to North Head. The camping area is in "Victoria Street". The first dive is at 8.00am from the "Cabbage Tree Harbour" boat ramp.

Cost: \$50.00 for three dives.  
Tanks can be filled between dives. A BBQ will be organised at the dive shop on Saturday night - all food provided \$2.00 per head. For bookings, ring Geoff Sanders on 526 2424 (H) or 211 2499 (W). The charter boat that will be using belongs to the Norah Head Dive Shop. (Ph. 043 963 652 - Brian English).

Jervis Bay. Saturday and Sunday 16/17th September.

Campsite "A19" has been booked for Friday and Saturday nights at Green Patch.

Camping Fees: \$2.00 per person per night.

The boat will be leaving Green Patch at 8.00am for the first dive on Saturday. I would be advisable to take two tanks.

Cost: \$50.00 for three dives.

For bookings or further information, ring Geoff Sanders. We will be diving with pro - dive (044 415 255 - Robbo).

NOTE: Bring some food for the BBQ on Saturday night.

COMING UP.

Montague Island. Saturday 30th September to Monday 2nd October. (Long Weekend).

The members who remember the great diving we had with the seals at Montague Island this time last year, will be sure to book early to avoid missing out. The cost of \$75.00 covers three nights accommodation at Mulua Bay and two dives at Montague Island on the Sunday. Local dives will be organised for Saturday and Monday at Mulua Bay.

A deposit of \$30.00 is required by the September club meeting (20.09.89). Bookings will not be accepted if the deposit is not paid by this date.

Bookings will commence immediately by ringing Geoff Sanders.

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Wollongong. Sunday 15th October.

Cost: \$25.00 for two dives. (Bookings commence at September club meeting).

Social Activity. Friday 13th October.

Witches and Warlocks Night.

Put on your thinking caps for this one. If anyone has a house or venue they could donate for the night it would be much appreciated. Any ideas for catering, entertainment etc. can be suggested at the next meeting.

## GENERAL BUSINESS.

### Membership Renewals.

Membership fees are now overdue - This newsletter will be the last sent to unfinancial members.

The completed membership form must accompany the \$8.00 fee, and can be sent direct to Geoff Sanders at 19 Flide Street Caringbah 2229, or brought to the next club meeting.

Annual General Meeting and Club Elections: -  
Wednesday 20th September 1989.

It is most important that all members try to attend this meeting. The future of your club is in the hands of the committee that you elect. - BE THERE!

The meeting will be at 8.00pm on Wednesday 20th September at Georges River Sailing Club.

#### WHICH ARE YOU?

Are you the active member,  
The kind that would be missed,  
Or are you just contented  
Your name is on the list?

Do you attend the meetings  
And mingle with the flock,  
Or do you stay at home,  
And criticize and Knock?

Do you take an active part  
To help the work along,  
Or are you satisfied to be  
The kind that just belong?

Do you push the cause along  
And make things really tick,  
Or leave the work to just a few  
And talk about the "clique"?

Think this over, member,  
And know the right from wrong--  
Are you an active member  
Or do you just belong?

A stylized handwritten signature, possibly reading 'm a y a m', is written in black ink at the bottom right of the page.

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# SEPTEMBER '89

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## *What's Next*

### MONTAGUE ISLAND

Sat 29th September to Mon 1st October

It's Seal time of the year again! Time to shake the cobwebs from your wetsuits and check to see if they still fit. It's "spring", and time all divers sprung into action. Join us on the October long weekend at Malua Bay. The cost of \$75.00 covers three nights accommodation at Malua Bay and two dives at Montague Island on the Sunday. Local dives will be organised on Saturday and Monday. The accommodation is available for Friday, Saturday and Sunday nights. Extra tanks can be hired for the second dive on Sunday at Montague Island.

What to bring along:- Sleeping bag, food, pillows, u/w torches

*Directions:* After crossing the 'Clyde' river at Batemans Bay, proceed along the by-pass road for 500m, turn left at the Malua Bay sign (beach road). Travel along this road for approximately 12.5km and turn left at the Shell garage into Kuppa Avenue, Malua bay (ph: 044 711 659 - Gordon Poidevin).

On Saturday and Monday, we will be diving with Charlie Bird from Malua Bay Dive (Ph: 044 711 858 - Charlie Bird). For bookings or further information, ring Geoff Sanders on 526-2424 (H) or 211-2499 (W).

### KURNELL (CAPE SOLANDER)

Sunday 14th October

Meet at the main gate (entrance) at 9.30am  
Bring some food for the BBQ after the dive.

## *Coming Up*

### NORAH HEAD

Sat and Sun 27 & 28th October -

Cost: \$55.00 for three dives

Kiama Sun 11th November - Cost: \$30.00 for two dives.

Bookings for the above two dives will commence at the October Club Meeting (Wednesday 17th October)

be hired for the second dive on Sunday at Montague Island.

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Bookings for the above two dives will commence  
at the October Club Meeting (Wed. 17th October)

## Special News

The Annual General Meeting was held at the September Club Meeting and a new committee was elected.

The new Committee for 1990-91 is:

President	John Gordon
Vice President	Helen Kyriacos
Treasurer	Geoff Sanders
Secretary	Carol Scrimshaw
Assist. Secretary	Steve Bull

## Gear for Sale

Ladies 7mm Moray Wetsuit: Long John & Hood attached. Jacket worn once. Size 14.....\$150.00 O.N.O.  
Contact Debbie Hastie PH:44 2356 (A.H.)

1 x small Tabata BCD pink/blue, new bladder, runs well \$250.00 ONO.

1 x small blue Scuba pro BCD used only on Sundays, near new \$350.00

1 x medium Apollo Prestige BCD \$350.00 ONO

1 x Apollo mens 5mm wetsuit size 5 \$300.00

Call Wendy: 651 2162 (AH)

*The next meeting will be held at the Georges River Sailing Club on Wednesday 17th October at 8.00pm.*

## Ginger fares better than drugs in seasickness trial

A DOSE of ginger can prove more effective treatment for seasickness than conventional drugs. That's the conclusion of Ohio psychologists who tested the herbal remedy against the traditional drug Dramamine by spinning students in a revolving chair for six minutes.

The students remained blind folded during the tests and were split into three groups, one taking ginger, one taking Dramamine and one taking a placebo made from chickweed.

All the volunteers had previously been prone to motion sickness and during the test three of the placebo group vomited and all those taking Dramamine or the placebo asked for the rotation to be stop-

ped. Half those who were given ginger lasted the full six minutes.

How does ginger work? It seems likely that gingerol, one of its constituents, has a similar chemical structure to aspirin and acts in the same way but without the side effect of stomach irritation.

Ginger has been used since the middle ages to relieve stomach upsets and according to the Chinese it can stimulate your appetite, improve your circulation and regulate your hormonal flow. Chilblains, burns, coughs and colds are all thought to benefit from ginger. In parts of southern China a hot ginger bath is a ritual equivalent to a Finnish sauna.

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# O C T O B E R ' 8 9

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## *Past Events*

### MONTAGUE ISLAND

Sat.30th September to Mon. 2nd October

Good roll up as usual for this event. Weather great except for the Sunday when an early change made Montague a little rougher than expected. Geoff Sanders and Steve Shaw managed a marathon swim to get amongst the seals. Al Barning made friends with a couple of friendly seals on the 2nd dive. Great social weekend, excellent accommodation as well as good diving!

### BLACK PARTY

Friday 13th October

Approximately 20 people made it to the party in attire ranging from dinner suits, to cowboy boots! Our thanks to Rodger for the use of his lair for the night - a good time was had by all - however, a bit more participation from members could have made it more memorable.

### WOLLONGONG

Sun. 15th October

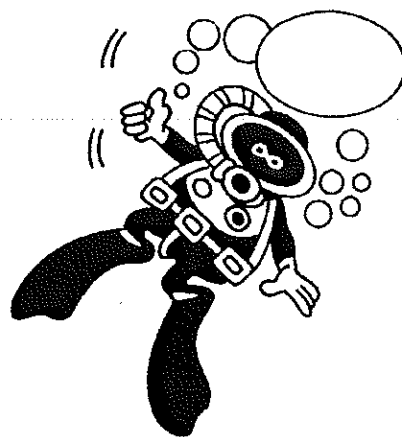
First dive was on the Bombo - of course, and it was great vis with lots of fish and great conditions. Peter Ellis was recovering from a late night and somehow managed to forget to bring his reg. Luckily the boat owner had a spare, so Pete had to "bite the reg" and go in anyway! 2nd dive a bit of a non-event. Toothbrush Island was the venue but the seas were very choppy and there wasn't much to see!

## *What's next*

### BROUGHTON ISLAND

Sunday 5th November

On Saturday we will be diving at Catherine Hill Bay (tank dive and snorkelling) Meet at the Catherine Hill Bay turn-off at 10:00am. This turn-off is approximately 16 km north of the Doyalson traffic lights along the Pacific Highway



• (not the freeway) and opposite the Cams Wharf turn-off. Tanks can be filled at Swansea after the dive. Bring a picnic lunch, as there are no shops in the vicinity of the dive site. We will be camping at the Bardouroka Caravan Park (Ph: 049 811 473) at Fingal Bay on Saturday night. Please note: It is the responsibility of each club member to pay his own camping fees. We will be leaving for Broughton Island on Sunday morning at 8:30am from the Little Beach Marina and spending the full day at Broughton Island. The charter boat that we will be using is associated with the 'Scuba Shack Dive Shop' at Little Beach Marina (049 811 015) Cost \$25.00 for two dives (two tanks will be required) For bookings, ring Geoff Sanders on 526-2424(H) or 211-2499(W)

### SHELL HARBOUR - BASS POINT

Sunday 12th November. Turn off at Shell Harbour and follow the signs to Bass Point. Meet at the main gate at 9:30am. Bring some food for a BBQ after the dive.

### *Coming up*

#### JERVIS BAY

Saturday and Sunday 25/26th November.

Cost \$55.00 for three dives. Bookings will commence at the November Club Meeting and afterwards by ringing Geoff Sanders.

#### CHRISTMAS PARTY

Saturday 2nd December

Dinner will be a spit roast with all food provided, and will be held at Les Caterson's home at Heathcote. Cost is \$10.00 per head with bookings commencing immediately by ringing Geoff Sanders. More details in December Newsletter.

#### PORT HACKING

Sunday 10th December

Bookings commence at the November club meeting. Cost \$5.00 (to cover running costs of club boats) Members with boats available to be used for this dive, please ring Geoff Sanders.

*The next meeting will be at the Georges River Sailing Club at 8:00pm on Wednesday 15th November '89.*



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# NOVEMBER '89

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## *Past Events*

### BROUGHTON ISLAND

Sunday 5th November

Weather conditions were perfect for the trip out to Broughton. 1st dive was on North Rock bommie, vis - 20 to 30'. Lots of morays and blue groper. 2nd dive near Coalshaft Bay. Conditions very good with abundant fish life and a big cave to explore. Lunch on Esmeralda Beach made a pleasant interlude and made a new experience for most (including the dive boat owner?)

### SHELL HARBOUR - BASS POINT

Sunday 12th November.

Due to prevailing bad weather conditions, no-one turned up except Keith Philpott - good on you Keith - that's true diving spirit!



## *What's next*

### JERVIS BAY

Sat & Sun 25/26th November

Campsite 'A19' has been booked for Friday and Saturday nights at Green Patch.

Camping fees: \$2.00 per person per night.

The boat will be leaving Green Patch Beach at 8.00am for the first dive on Saturday. It would be advisable to take two tanks.

Cost: \$50.00 for three dives.

For bookings or further information, ring Geoff Sanders on (H) 526-2424 or (W) 211-2499. We will be diving with 'Pro Dive' (044 415-255 Robbo). Note: Bring some food for the B.B.Q. on Saturday night.

### CHRISTMAS PARTY

Saturday 2nd December

This year our Christmas Party extravaganza will be held at Les Caterson's home, 25 Rosebery Street, Heathcote (Ph: 520-9421). Dinner will be in the form of a spit roast with all food and snacks provided. All you need to bring are drinks and your swimmers, as Les has a very inviting pool. The party will get under way from 5.00pm.

Cost: \$10.00 per person.

Bookings must be made by Wednesday 29th November by ringing Geoff Sanders. Friends of members are most welcome to attend.

## PORT HACKING

Sunday 10th December

Meet at Dolan's Bay Wharf, Lilli Pilli at 8.30am. Bring a picnic lunch as we will be returning to Jibbon Beach after the dive.

Cost: \$5.00 (to cover running costs of Club boats)

Members with boats available to be used for this dive, please ring Geoff Sanders. For bookings, ring Geoff Sanders.

## *Coming up*

LITTLE BAY Sunday 14th January, 1990

ULLADULLA Friday 26th to Sunday 28th January (Australia day long weekend)

Bookings will commence at the January Club Meeting.

## *General News*

### SPECIAL COMMITTEE MEETING

Tuesday 17th October.

A special meeting was held to decide the 1990 Dive Calender. Some new dive locations and other features will be of particular interest to our more active members. Look out for it!

### SPECIAL SAFETY COURSES

*All active divers should attend*

#### **St. Johns Ambulance First Aid Course**

Full weekend (9.00am - 5.00pm) at Sutherland Hospital. \$70.00 total (Club will pay \$40.00 i.i. \$30.00 cost to members). Well worth attending - includes exam and certificate.

Hopefully held in February or March - confirmed date announced at January meeting.

Names can be given at January meeting or by contacting John Gordon (Ph: 588-7268(H)).

#### **Senior Resus Course**

Four Wednesday nights March 14th, 21st, 28th, April 4th, 7.30pm to 9.30pm, at Sutherland Hospital. \$21.00 total (Club will pay \$11.00 - cost to members \$10.00) Covers C.P.R., practice on manikins, patient assessment, and exam and certificates. Give names as per First Aid Course.

#### **Advanced Resus Course:**

OXY-VIVA

Will be held sometime after Senior Resus Course.

## *Young Divers*

We would like to congratulate Judy & Terry and Serena & Victor on bringing two more prospectant divers to our shores. Laura and Katrina are our new bouncing babies and the committee would like to welcome them to the club.

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Congrat's to Raelene Caterson who has finally reached 21 years old (which makes her about the same as most people in the Club) Also to Angelo & Sue Musumeci on their marriage recently. We wish them all the best and good times together.

### *Special section*

#### **J E R V I S   B A Y**

As discussed at the General Meeting, the club will be sending a letter to Bob Hawke opposing the decision to move the Navy to Jervis Bay. For your interest, there is a special programme on 4 Corners next Monday night 27th November, at 8.30pm on Channel 2, dealing with all aspects of the Navy and

I ..... am a member of St. George Scuba Club, and am totally opposed to the moving of the Navy to Jervis Bay. I urge you to reconsider this move and instead declare the area a National Park and Marine Reserve.

Jervis Bay. If you would like to show your interest in this matter and have your name added to our club letter, please sign the attached coupon and send it back to: St. George Scuba Club  
P.O Box 357 Cronulla 2230

*The next General Meeting will be held at the Georges River Sailing Club at 8.00pm on Wednesday 20th December, 1989*

## Special section

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## VERY URGENT REQUEST FOR SUPPORT FROM THE 'SAVE JERVIS BAY CAMPAIGN'

# Five minutes now could save the bay!

THE Prime Minister has announced that the decision to move the Navy to Jervis Bay is under review and alternative sites are being examined. This review is currently in process. This dramatic change in the Government's position is a major break through for the campaign.

The next month could be the most critical point in the campaign to save Jervis Bay. Right now we need Mr Hawke's office to receive large volumes of mail which:

1. Congratulate them on the decision to reconsider the move and
2. Call on the Government to declare the area a National Park and Marine Reserve.

It is important that we don't stop the Navy and then leave the bay open to other developers. A national park and marine reserve is the only way to ensure the bay is preserved permanently.

It is critical that this mail

goes in now and that everyone who cares for the bay sends a letter. It doesn't matter how short a letter, please don't put it off, please sit down now and write just a few sentences and post it off. Ask your friends and members of any groups you are involved in to do the same.

**A little effort by a lot of people now could save the bay.**

*Send your letters to:*  
**The Hon. R.J.L. Hawke**  
**AC MP**  
**Prime Minister**  
**Parliament House**  
**Canberra 2600**

I ..... am a member of St. George Scuba Club, and am totally opposed to the moving of the Navy to Jervis Bay. I urge you to reconsider this move and instead declare the area a National Park and Marine Reserve.

*The next General Meeting will be held at the Georges River Sailing Club at 8.00pm on Wednesday 20th*

*December, 1989*



## DECEMBER '89

### *Past Events*

#### JERVIS BAY

Saturday & Sunday 25/26th November.

Two great dives off Bowen Island with the vis about 60' made this wet weekend worthwhile. Soggy sausages at the barbeque as well and Bill made a fleeting visit.

#### CHRISTMAS PARTY

Great turnout! Thanks everyone and special thanks to Les & Ellie for the venue and also for all the work they did in preparing the munchies. Everyone had a great time - a few ventured into the pool and Les definitely wasn't up to his normal run out to Barons Hut the next morning ...

#### PORT HACKING

A dive on Osborne Shoals was attempted but because the visibility was so poor we all went back to Jibbon for lunch early. Unfortunately the rain started and Al was the only one who wanted to brave the storm. He was the winner when the sun came out for the afternoon.

### *What's next*

#### LITTLE BAY

Sunday 14th January

A great spot for all of the family, as it has a very safe sheltered beach. Bring a picnic lunch. Meet in Bilga Crescent, Malabar at 8:30am (see map)

### *Coming Up*

#### ULLADULLA

Friday 26th to Sunday 28th January (Australia Day long weekend)

Cost: \$75.00 for five dives.

#### NORAH HEAD

Saturday & Sunday 17/18th February.

Cost: \$50.00 for three dives.

Bookings for the above two dives will commence at the January Club Meeting and afterwards by ringing Geoff Sanders on 526-2424(H) or 211-2499(W).

## *Special News*

As you probably already know, the Government has decided not to move the Navy to Jervis Bay, so obviously you don't have to return the coupons from last months newsletter. However, there has been no decision on what will happen with the sewerage so if you want to express your feelings on this issue, please write a few words and send your letter to:

The Hon. R.J.L. Hawke  
ACMP  
Prime Minister  
Parliament House  
Canberra 2600

At the January Meeting, John Gorton will be showing some slides on Reef Trek 1989. This will be of interest to those who haven't been on Reef Trek before and also to those who have already been.

*The next meeting will be at St. George Sailing Club on Wednesday 17th January, 1990.*